



## ***“The Five Footprints to Success”***

By: Pat John

### **Short Description of the Presentation:**

People’s lives change when they “choose” to do difficult things, things they have never attempted to do before. This month’s presentation is actually an interview with Pat Johns, an individual who has chosen to do things most others would only think about doing. From his worldwide adventures he has learned five (5) footprints of success.

### **Key Points:**

#### **Five (5) Footprints of Success:**

1. **A willingness to leave ones comfort zone** – Learning to replace fear with an awareness that you are about to do something you have never done before. You are growing!
2. **Staying committed to one’s goals** – Be sure you are accountable to others. Share your goals with them and ask them be help you to be accountable toward your goals through partnership.
3. **Connecting with those around you** – Realize you are not alone. Network with others in order to serve others.
4. **Use common sense** – Proper training and planning are keys to accomplishing your goals.
5. **Do all the above with an attitude of compassion** – Compassion is the realization that it is not “all about me”. It is coming to the realization that part of meeting our goals is helping others meet theirs.

**Bonus:** Five-minute track entitled: *“Live from the Himalayan 100”*